



HOSPICE OF THE MIAMI VALLEY™
Your Community Hospice™

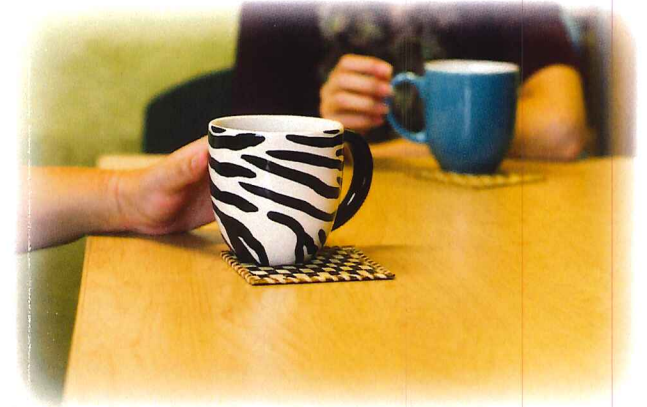
Coffee and Conversation

Exploring Healing With Loss

The Benefits of Support Groups

Grief is a powerful emotion that affects each of us at some point in our life. As social interaction is a critical part of our healing process, grief support groups help promote a sense of understanding and connection with others who are also experiencing loss.

These groups are a warm, informal place to share and support each other during the healing process. Stop by for encouragement, information and helpful tips as you shape a new normal for your life.



No RSVP needed for any group! Just drop in.

Dayton

Dakota Center

33 Barnett Street 45402

1st Tuesday of the month - 11:00 am

Enon

Dayspring Healthcare Center

8001 Dayton-Springfield Road 45323

2nd Thursday of the month - 3:00 pm

Middletown

The Woodlands — 3000 McGee Avenue 45044

2nd Thursday of the month - 2:00 pm

New Lebanon

Care Center — 101 Mills Pl. 45345

2nd Tuesday of the month - 1:30 pm

Springfield

Ohio Masonic Home — 2655 W. National Road 45504

The Cunningham Building - 2nd Floor Social Room

3rd Thursday of the month - 2:00 pm

Dayton

Wellington Senior Living

2656 West Alex Bell Rd. 45459

3rd Thursday of the month - 3:30 pm

Troy

Troy Center — 512 Crescent Drive 45373

4th Tuesday of the month - 11:00 am

Vandalia

Stonespring of Vandalia

4000 Singing Hills Blvd 45414

3rd Thursday of the month - 11:00 am

Xenia

Xenia Adult Recreation & Services Center

338 S. Progress Dr. 45385

2nd Thursday of month - 10:00 am

***Support Groups for Caregivers
Serving Those with
Alzheimer's and Dementia***

Loved-ones and caregivers of those with dementia or Alzheimer's disease may endure losses in many areas of their lives. Come and meet with others in similar situations to gain caregiving ideas and coping tips for the emotions and grief that are a natural part of caring for someone with this illness.

Miamisburg

Elmcroft of Washington Township
8630 Washington-Church Road 45342
3rd Thursday of the month - 5:30 pm

SPECIAL SUPPORT EVENTS

October
Annual Memorial Services

November
**Thriving Through the Holidays
Support Groups**

Call for more information.

Individual Counseling

Some symptoms of grief can interfere with a person's ability to sleep, eat or concentrate. If you are experiencing these difficulties you may benefit from individual grief counseling. Our professionally trained staff offers grief counseling sessions free to the community.

Please call our 1-800-HOSPICE number below and make an appointment at one of our locations nearest you.

Xenia (Main Office)

46 North Detroit Street, Suite B

Springfield

1948 North Limestone Street

Middletown

6820 Roosevelt Avenue, Suite B

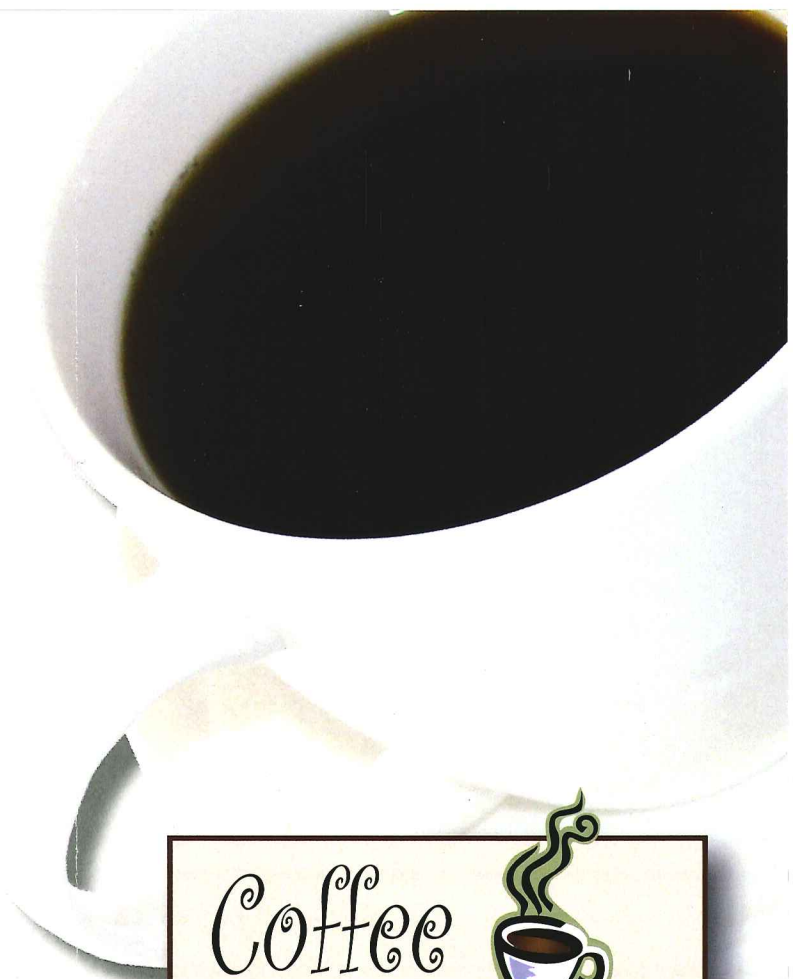
Troy

322 W. Main St., Suite B

1-800-HOSPICE

1-800-467-7423

www.HospiceoftheMiamiValley.org



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